

## CREATIVE CONNECTIONS Life Coaching—Business & personal

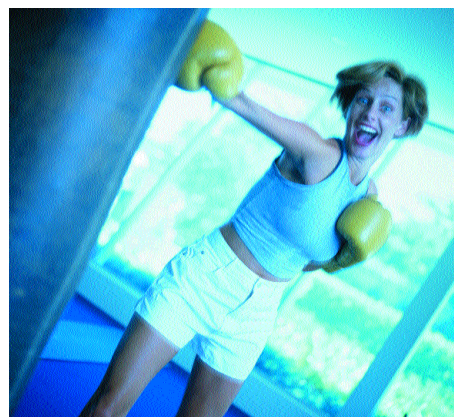
If there's one word that keys into our lives today, it's balance. We all want a healthy career, home life and body, but achieving all three at once can seem like an impossible task. That's where life coaching steps in. After more than 10 years in the world of management consulting, finance, communications and logistics, life coach Nicole McAuliffe is an expert in corporate communication. Using and sharing these skills, she helps her clients set inspiring goals and strategies to move their thoughts into positive action, so that all aspects of their lives are nurtured and working in unison. Life coaching is ideal for periods of transition, when starting a new job or relationship, or when you feel dissatisfied with your health, career or personal life. Just as a sports coach works side-by-side with athletes, Nicole works with each client to provide support and encouragement to ensure their goals are reached, developing skills that will help along the way. Most people have one session per week or fortnight, for three to six months. Working with individuals or businesses, Nicole helps people make their goals a reality. Whether you need help with your career, health, relationships or finance, contact Nicole for a free 1.5hr no obligation coaching session – she can help propel you towards your goals without delay.



With Nicole's help you can live life to the full.



Nicole McAuliffe lives her own philosophy of balance.



Coaching will propel you towards your goals.

### SYDNEY

Phone coaching available on:  
P 0407 224 288

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